

Books of Shadows

Whether it's called a "Book Of Magik", a "Magikal Grimoire", or a "Book Of Shadows", it's important for every witch to create a book of records. These are your personal notes, a diary of your spiritual or magikal experiences. A book to record your dreams, interpretations, aspirations and affirmations.

In a simplified definition, it is a book kept and used by a witch to record research, thoughts, experiences and spiritual information, such as spells, incantations, potions and so on.

The following is a collection of various writers, and of spells collected over the past 5 years on the internet. Where possible the original author is listed.

Chant for Healing, Illumination and the Sun

From: Celtic Magick

By: D. J. Conway

Sun of power, Sun of gold
Sun O wondrous fair
Hear my words of power and grace,
Winging through the air
Illuminate Deep Mysteries,
Bring me favors great
Fill my life with joy and hope
Grant me wondrous fate
All-powerful healing Deities
Guide me to high Destinies

Solstice or Summer Herbal Chant

Thyme and sage for sore throats,
Rosemary to darken hair,
Bergamot to make a tea,
Flax for me to wear.
Cecily for sour fruit,
Lemon balm for cake,

Chive to mix with salad and egg,
Mint a thirst to slake.
The monks of old with loving care,
Grew herbs and gave poor folk a share,
And cottage gardens still are found,
Where Nature's medicines abound.

Goddess and God Chants, Poems

The Goddess Chant

Isis, Astarte, Diana, Hecate, Demeter, Kali, Innanna...

The God Chant

Pan, Herne, Osiris, Priapus, Ba'al, Dionysis, Apollo, Lugh...

The Parting Song

The Circle is Open, But Unbroken,
May the Lord and the Lady be Ever in your Heart!
Merry Meet and Merry Part,
and Merry Meet Again!

Hoof & Horn*

Hoof and Horn, Hoof and Horn,
All that dies shall be re-born
Vine and Grain, Vine and Grain,
All that falls, shall rise again!

*"Vine and Grain", in some versions, is replaced by "Corn and Grain"

A Yuletide Poem

The river flows on and on,
A never-ending stream;
As darkness fades before the dawn,
Like waking from a dream.

The Yule-log on the fire;
The snow on Gaia's breast,
The winter birds soar higher
As nature takes her rest.

But longest night never lasts
Like Summer follows Spring,
And shorter days, now are past,
As is re-born, our king.

Dragon Chant

By: Willow

This chant should enable you to leave your body and go to the sacred place you desire.

Dragon come take my spirit
make it rise
make it fly
make it free to fly above the seas
chant this over and over again and you will soon find yourself floating
above your body while it is still down below chanting.

A Song to the Goddess

Saturian Thassit
Riding high atop the clouds
Before the silver moon
Dancing 'round making sound
Our love and praises heard

True and just our lady fair
Her beauty does unfold
Mysteries waiting to kiss our hearts
And secrets to be told

Lovely, round, bright and sound
The moon shines Her beauty down
Wrapping us up in silken gown

Love to you, oh mother moon
Your glory for us to see
Goddess of mine, Goddess of yours

Goddess blessed be!!!!

The Circled Pines

By: Boggins

On lonely hill stands a circle of pines, speaking only to the wind,
for goodbye is eventual fate for the wise old trees in end.
alone they stand, alone they'll fall through season's come and gone,
but what they know was told to me by wisps of lives lived long.
The circle of pines are friends to me, as long as sap still flows,
for their loved hill was home to me, and from it I still grow.
From roots held deep in fertile ground, is love of all the times,
when man was boy and trees were cones; all have their circled pines.

Dark Goddess Chant (Excellent for grounding)

By: Rhiannon

Athtarath - Ashtoreth

Belili - Belcoreth

Lilith - Alorah

Anatha – Tiamat

-untitled-

By: Masha of Circle Heather

In the Light of the Lady
In the Shadow of the Goddess
Walk softly and be aware,
for you are Blessed
Sing deeply and Be Blessed,
for you are chosen
Let the Light in with you,
Let the Winter capture you,
For Her will is law.
Step to Her song,
Sing Her song, for you are chosen
You are at the Right hand of the Goddess,
You are the Lady of your right

Spell to Strengthen the Witch Within

This is a time of the rebirth of the root cultures of many peoples. Ancient wisdom's that were lost or obscured by the power shifts of history are now coming into light through many channels. Native people are discovering their rituals, their myths, their shamans. The advances of technology are adding to this wave of discovery in many ways, such as through media and communication (take the Internet for instance).

The image of the witch is at the root of our cultural past. To embrace and affirm this aspect of ourselves is to tap the power of tradition, longevity, and cellular memory. Once we understand ourselves, harmony sets in. In preparing for your spell, first do some serious thinking about just what the image of the witch means to you. Make a list of all her qualities, her powers, her names, how she looks, what she wears, thinks, feels, etc. See her in your mind's eye with as much clarity and detail as possible. This spell should be cast three times, at the new, full, and dark of the month.

Ingredients:

Large piece of parchment paper

Pen

Two purple candles
Moon Oil (Recipe)
Power incense
A small moonstone

Arrange your altar. Carve moons into your candles and anoint them with oil. Anoint yourself as well, on brow, heart, and hands. Seat yourself comfortably and light the candles, saying:

“With this flame, I awaken the Witch within me.”

Light the incense. Close your eyes and breathe deeply for a while, relax, and let go. Bathe yourself and your aura in white light. Keep breathing deeply and slowly as you begin to sway and weave, letting your body move into a circular motion. Empty yourself of all distractions and anxieties. When you feel flowing and peaceful, let your imagination fill up with images of your inner Witch. Take up the parchment and pen and make a sketch of her (don't worry about style or quality; the simpler the better).

Write your impressions and ideas beneath the drawing. Set this up between the candles so that it is facing you. Take the moonstone and clasp it to your heart. Keep breathing and weaving as you fill yourself with the image on the parchment.

Draw the Witch image into yourself, see her multiplied a thousand-fold, vibrating in every cell of your body. Repeat the following incantation three times:

“I am willing to be different and strong
I am willing to be different and beautiful
I am willing to be different and free
I am willing to be different from patriarchy
For this difference
Is the same
Sameness
With the Non-Linear
World of Magick
The Goddess
Her forces
My dreams
The moon
My feelings
My creativity
My passion
My deep love
Of all creation...
And the only conforming
I need to do
Is Forming Creation
For I am form
And I am forming
To universal law
And therefore

Must survive...
And even though
I may at times
Feel alone
And misunderstood
I will remember
That I have sisters out there
Who are learning to be free
Like me
And that I am not alone
But all One
And that free women
Were respected
And loved
And will be again
And will be again
And will be
I will it to be
I will it to be
And so doth it be
Forever
And ever
So be it
Blessed be”

As you repeat this chant, let your words flow rhythmically as you weave and sway, let your voice create melody. Improvise, make new words if you feel inspired.

When you feel complete, slip your parchment beneath the altar cloth. Give thanks to the Goddess and God and snuff out the candles.

The moonstone is to carry at all times. Keep it in your pocket, under your pillow, or wear it in a pouch. Whenever you feel the need, hold the stone and rub it with your thumb in a circular motion. Think or say:

“I am safe
I am me
All is well
Blessed be”

Tell no one of this spell until it has come to fullness. Even as you feel your powers strengthen, it may be best to maintain silence. Be discreet about sharing your magick.

Empowerment Ritual
Adaptations by: Andra to an original anonymous ritual

This ritual will increase your magical powers and energy. I altered this ritual almost entirely, choosing to use personal symbols as opposed to runes. (That is, symbols personal to the person practicing the ritual.) I consider this one of the most important rituals to perform, as it will truly increase your powers tenfold.

Direct passage from the author:

The purpose of this ritual is to tap into your own personal life-force and amplify it into a personal statement of self confidence and strength. Afterwards, when you feel yourself dragging in one area or another, concentrate on the appropriate symbol in the appropriate color for a bit, and you will find yourself tapping back into the energies you established in the ritual.

You will need:

A set of crayons including red, orange, yellow, green, sky blue, dark blue, violet, black, gray, white, silver, and gold.

A medium to work on—cloth or paper on which all the colors will show up.

A red candle Fiery scented incense, such as sage or cedar.

First, establish your working circle, after you've gathered all your materials together. Make sure you have a comfortable place to sit and draw. You'll be here a while.

Face the east and say:

“Spirits of the East, powers of Air, I ask that you be present at this spell-working. Help me find inspiration and visualize the symbols clearly that I may partake of their essence.”

Face the south and say:

“Spirits of the South, powers of Fire, I ask that you be present at this spell-working. Help me find the spirit within to empower the symbols and tune into their color energy. “

Face the west and say:

“Spirits of the West, powers of Water, I ask that you be present at this spell-working. Help me to seek the mystery within, that the symbols I draw here may work upon my emotions for my Highest Good.”

Face the north and say:

“Spirits of the North, powers of Earth, I ask that you be present at this spell-working. Help me to manifest the symbols in the third-dimensional world so that their energies may become a part of my physical existence.”

Face the sky and say:

“Father Sky, I ask that you watch over me in this spell-working. Lend me your wisdom so that I may bring safely link my inner vision with the outer Self. “ Place your hands on the earth and say:

“Mother Earth, I ask that you watch over me in this spell-working. Let me ground myself deeply in you and draw on your strength and energy to sustain me in my work. “

Face your altar in the center of the circle and say:

“Sacred center, Spirit of all that is, of whom we are all only aspects, unite this sphere into a protected space for the spell-working I plan to do here. “

Using the red crayon, visualize the color as life essence. Draw a human body, using a star-like shape. Draw the first symbol that comes to your mind when you think of strength and power. (Draw it in red below the human body shape.) Now take the orange crayon. This color represents vitality, potency, courage- draw the first symbol of these qualities that comes to mind slightly above and to the left of the last symbol. With the yellow crayon in hand, concentrate on intellect, and your request for knowledge. Draw a symbol of this directly to the left of the human body shape. Using the green crayon, visualize expansion, abundance, prosperity, growth, love. When you have felt its energy, draw a symbol of above and to the left of the human body. Take up the sky blue crayon, and feel it's energy of expression, communication, spiritual gain, joy, and self-achievement. Draw a symbol of those directly above the central symbol (body). Using a dark blue crayon, draw a symbol to the lower-right of the last symbol. This one should represent synthesis and inner wisdom. It should align with the green shape. In violet, which represents spirituality and guidance, draw a symbol of those traits directly to the right of the red central sign. White is used to link the life-force. Draw a symbol that represents a cycle or strong bond below and to the right of the central symbol. This main pattern is complete. It should resemble a circle of colors and symbols surrounding the body. Now, trace from the central body, directly to the left. Here, you should come upon the yellow symbol. To the left of that symbol, you will draw another sign, in silver. Hold the silver crayon and feel it's energy, imagine the journey you are embarking on, and draw a symbol of it. Take the gray crayon and visualize flexibility, endurance, persistence and resolve needed to accomplish the changes you desire. When you feel it's energy, draw a symbol of those strengths at the very top/center. (above the human body, and above the light blue sign.) The gold crayon represents activity. Draw your symbol of activation to the far-right (lined up horizontally with the silver symbol). Using black, feel and see the changes you want occurring, the power of this ritual going to work. Draw a symbol of this directly beneath the red symbol under the body. (The bottom of the page, centered.)

Give blessings to all invoked gods, goddesses, and spirits, using a chant to each quarter like this:

“Spirits of the east, powers of air, thank you for your presence and aid in this work. Depart in peace, my thanks and blessings.“

Open the circle, release the energy, and say:

“To all spirits visible and invisible that have been present in this ritual, depart in peace, my thanks and blessings.“

Hang the resulting picture up somewhere where you can see it often. When you need any of the specific traits energized in each symbol, simply think of that particular color and symbol as depicted in your masterpiece!

This a ritual that you can change to suit you!

Spell to Revive Magickal Powers

On the night of a Full or Waxing moon, anoint a purple candle with vanilla oil. While anointing, raise energy and focus it into the candle. See it glow with magick! Light the candle and go outside or open a window where you can see the Moon. Place the candle on the ground or windowsill. Reach your arms out to the moon and say:

“Oh Dear Goddess of love and light
I ask for your power on this night.
By the powers of the stars above me,
So shall it be.“

Visualize your arms and hands soaking up the powers of the moon, and into your body
Put out the candle and leave it on your altar overnight. The next morning, repeat the spell to the sun, with this chant:

“Oh Dear Lord of the sky and sea,
Lend your magick unto me.
By soil, wind, flame, and sea,
This is my will, so mote it be.“

Soak up the powers of the Sun. Go to your altar, light the purple candle from the night before, and meditate on it until it burns out.

Banish Lovers Jealousy

By: Teresa Morey

Perform this spell in your bedroom. Open the window, walk in a circle anti-clockwise saying:

“Turn and turn about,
Out, out, out.
Badness put to rout,
End to every doubt
Out, out, out.”

“sweep” the hurtful emotions out of the window with your hands. In an oil burner, burn ylang-ylang, myrrh and coriander essential oils. Circle clockwise saying:

“Winding, winding, winding,
Peace and joy now finding
A love that’s true and binding
Winding, winding, winding.”

It is done!

Spells To Win At Court:
From: Easy Enchantments
By: Lexa Rosean

#1

Ingredients:
dill
coriander
bell pepper
spring water

Peppers are very protective and combined with coriander and dill, they can influence judges and juries to act in your behalf. Slice a bell pepper in half. Remove the seeds. Use a green pepper if you are seeking money through legal channels, red for justice or retribution, orange for success in signing or negotiating contracts or to speed up the legal process, yellow to prove your innocence. Purple peppers, although rare, can be used for power and are recommended if you are suing large corporations, government agencies, or hospitals. Place five coriander seeds and four sprinkles of dill in the pepper. Add a piece of paper with the names of all parties involved in the court case, including yourself. Add an eighth of a cup of spring water and place in the freezer twelve days before your court date. Keep it in the freezer until the verdict has been reached. Open the freezer each day and “freeze” a victorious image of yourself in your mind’s eye.

#2

Ingredients:
chestnut
sage
tobacco
black taper candle

Carefully drill or cut a hole in a chestnut. Chestnuts increase your willpower and cause others to believe you. Stuff it with a pinch of sage and a pinch of loose tobacco to make your arguments foolproof. Drip the wax of the black taper candle over the opening to seal it. Black candles are not evil. They are burned to influence, bring focus and concentration, and to absorb negative energy. They are also used to cloak information or hide secrets. When you enter the courtroom, carry this talisman in your right pocket to bring luck, believability, and a favorable verdict.

Dandelion Wine

2 quarts dandelion flowers
3 pounds sugar

1 ounce yeast
1 lemon
1 orange
1 gallon boiling hot water

Pick your dandelions on a sunny day, taking just the flowertops. Rinse them off well and place in large bowl. Slice the orange and lemon very thinly and add them to the flowertops. Pour the gallon of boiling water over top, and stir well. Cover the bowl and leave set for ten days, not longer though! Strain off the liquid into another large bowl and stir in the sugar. Spread the yeast on a piece of toast, and float it on top. Cover the bowl and leave for another 3 days. Remove the toast, strain again, and bottle. Cork very loosely at first. The wine will be ready to drink in about three months.

A Witches Closet!

The things all witches should obtain in their broom closets.

Altar clothes
Athame
Beads
Baskets
Bell
Boline
Book of Shadows
Books for info
Bowls
Brooms
Candles
Candle holders
Capes and Costumes
Cauldron
Chalices
Chants
Crystals and Gems
Crystal Balls
Deacnter
Divination Tools
Earth
Feathers
Glass jar with cork
Glue
Herbs, dried plant, spices
Holy water
Holy Oil
Incense, bricks, burners, and fire resistant plates

India Ink
Fabric for crafts
Felt
Lighters
Magick mirror
Magical jewelry
Matches
Mortar and Pestle
Oil
Musical tapes
Paint
Parchment paper
Pendulum
Pentagrams
Pentacle
Pitchers
Knife
Potpourri pot
Pouches
Quill pens
Rawhide, jewelry clasps, etc.
Rice
Runes
Rope
Salt
Scales
Scissors
Sea Salts
Seeds
Statues
String
Stencil and brushes
Talisman
Tarot cards
Tabacco
Wands
Wooden boxes
Wooden Spoons

Lammas Potpourri

20 drops clove bud oil
23 drops sandalwood oil
1 cup oak moss
2 cups dried pink rosebuds

2 cups dried red peony petals
1 cup dried amaranth flowers
1 cup dried heather flowers
½ cup dried cornflowers.

Mix the clove bud and sandalwood oils with the oak moss and then add the remaining ingredients. Stir the potpourri well and store in a tightly covered ceramic or glass container.

Herb Recipes — Calendula

TEA

Pour 1 cup of boiling water over 1-2 tsp. of dried calendula petals. Steep for 10 min. then strain. drink 2 or 3 cups of warm tea daily.

WOUND DRESSING

To facilitate healing of skin wounds, soak a compression calendula tea and apply to affected area.

GARGLE

CALENDULA OINTMENT

Infuse about a ½ cup dried powered calendula flowers into 1 cup olive oil and soak for 14 days; strain well and refrigerate. if you would prefer a salve instead, add 1oz. beeswax to ½-¾ cup oil and ½ cup calendula flowers. This ointment helps in the healing of chapped skin and cold sores.

VARIETIES

Gently apply to affected areas twice daily. do not rub or massage just gently spread thin layer over affected areas! The ointment promotes blood circulation and helps speed healing.

BLEEDING SORES

Gently rub ointment into the sores several times a day, if necessary cover w/gauze or bandages.

NAIL INFECTIONS

The ointments anti-inflammatory and germ killing actions are useful for infections in the nail bed. apply directly to the affected area several times a day.

CALENDULA OINTMENT MAY ALSO HELP:

Cuts that have a light rose colored border indicating possible infection athlete's foot or other fungal skin infection skin wounds that are superficially inflamed or discharging pus

How to make a Good Luck Herb Jar

To attract good fortune into your life or to change a streak of bad luck to good, fill a clean jar with any combination of the following herbs.

butcher's balm
chamomile
chickweed
dandelion
fennel
heal-all
honeysuckle
huckleberry leaves
Irish moss
josteberry
john the conqueror
khus-khus
lotus
lucky hand root
mistletoe
mojo wish bean
myrtle
nutmeg,
peony root
queen of the meadow
rose hips
rosemary
sacred bark
sandalwood
spearmint
star anise
thyme
tonka bean

Seal the jar tightly and keep it in your kitchen on a shelf or windowsill. Place your hands on the jar each morning and say.

“To God and Goddess do I pray. Guide me through another day. Let good fortune come my way. Good luck hither now I say.”

After reciting the incantation, gently shake the jar a few times and then kiss it and put it back.

Protection From Negative Energies

Herbal Sachet recipe and Empowering

Ingredients:

- 1 tsp. dried Anise seed (any kind of Anise)
- 1 ½ tsp. dried whole Cloves
- petals of 1 small dried red Rose
- 2 tsp. dried Rosemary
- 6 dried Bay leaves
- 9 inch by 9 inch square white cotton cloth
- 6 inch purple cord or yarn

Mix all ingredients well, then place into the center of white cloth in a pile. Bring each corner up to the center one at a time, in a clockwise motion. when all corners are up and touching, there will be four folds sticking out. In a clockwise motion, bring the corners of these folds to the center as well. Take the purple cord or yarn and wrap it around the cloth 3 times, just above the high spot of the herbs. Tie three knots, and let the ends hang.

EMPOWERING THE HERBAL SACHET:

Sit in a quiet place, preferably outdoors, and hold the sachet cupped in your hands. Close your eyes and imagine a white traveling through your arms and into the sachet. Feel safety, feel protected. See yourself standing surrounded by a white light. See it coming from the sachet.

Empower the sachet once a week, and make a new sachet once a month.

Continue using the sachet until you feel that you no longer need it.

All the ingredients can be found at your local grocery store except for the dried rose and the cloth and cord. Find or buy a red rose and hang it upside down by the stem for 3 days in a warm, dry place to dry.

After Bath Splash

This recipe is invigorating after you get out of the tub or shower. I like it after a morning shower. It's a great wake up. And it is SO easy. It uses whatever plant material you would like to use, or you can make it with essential oil.

- 1 glass canning jar
- 1 cup plant material
- 2 cups vodka

Place plants in the jar and cover with vodka. Let stand for 2 weeks, shaking daily to infuse the scent. strain out the plants, and bottle appropriately. Use as much as you like, this scent is very light.

You can do the same thing a lot faster with pure essential oils. Pour vodka into the jar, and add 2 droppers full of essential oil. let sit for a couple of days shaking daily. Bottle and use.

Easy Body Scrubs

Created by: Stephanie

Create your own textured aromatic soaps that will gently remove unwanted dead skin cells and leave your skin soft and healthy looking, not to mention clean. These are just a few additives you can combine with our Glycerin soap base to create luxurious soaps that will make you the topic of conversation among all your family and friends.

Instructions:

Add any of the following examples to one pound of Glycerin soap base.

Almond Scrub

Add 2 tablespoons finely ground almond and 1 teaspoon apricot fragrance to the melted soap base.

Honey & Oatmeal

Add 2 tablespoons finely ground oatmeal and 2 tablespoons honey to the melted soap base. Try $\frac{3}{4}$ teaspoon of our Honey Almond fragrance in this one.

Wheat germ Scrub

Add 2 tablespoons finely ground wheat germ, 1 teaspoon sweet Almond Oil and $\frac{3}{4}$ teaspoon Sandalwood Fragrance Oil.

Mint Foot Scrub

Add 1 tablespoon finely crushed dried mint leaves and $\frac{1}{2}$ teaspoon each of our peppermint and Spearmint essential oils.

What is Magickal Protection?

Magickal Protection is exactly what the word simply - using magick to protect yourself and your surroundings. To be a bit more specific, it is the molding of universal forces according to one's own will resulting in an "etheric" shield being placed around an area. Magickal protection is very much the same as putting burglar bars on your windows and doors, security and surveillance systems around your home. Your magickal defenses will warn you of approaching danger, allow you to identify it and will keep the danger out. Magickal Protection can take many forms: purely mental/auric, ritualistic, physical or any combinations of these. Each form of protection has advantages and disadvantages along with different time requirements. These forms mentioned herein are only a few possibilities that you have to choose from.

This introduction is a selection of writings on Magickal Protection which is used as supplement in The Mystic Gryphon's class on protection. In addition, it is part of a larger work which will eventually become an entire book as soon as the author gets finished putting everything on paper.

Why do we need to do this?

Magickal Protection is essential for anyone who aspires to the Craft or subjects relating to the Craft. A Witch, or any practitioner of magick, as a servant of the Light, has the potential to attract negative influences which will try to stop your work or progress. Also, a Witch, or practitioner of magick, has the potential to have negative energy directed at her/him by more unscrupulous entities. We also have the potential to walk into a negatively charged area. Poverty stricken areas usually have a higher concentration of people putting off negative emotions such as worry and fear. Negative emotions or energy attract a certain form of creature which feeds off the negative energy and tries to promote the conditions or feelings which create it. Negativity build up can occur anywhere, a home where there is a lot of fighting, around prisons, etc. It is imperative that you know how to shield yourself from the influence of such negative forces. The potential for exposure to negativity is not limited to a Witch or a practitioner of magick but to everyone. It seems, however, that as you become more advanced, stronger if you will, that the potential for these happenings increase. I propose the reason for this is that as you become more in tune with the universe and energy surrounding you, you begin to vibrate at higher levels. On the etheric level, your astral form will begin to “glow” more brightly and thus the potential for attracting attention increases. This is not to say that anyone will definitely attract unwanted attention but the possibility does exist.

As we move along the magickal path, we will meet many entities and forces. These forces can be broken into three categories of intent: good(positive), neutral, bad (negative). By far, you will meet more good and neutral forces than bad. This is the same as everyday life, you meet people who are good, neutral or bad. Since there is a possibility for meeting a bad or negative force, should we be worried? Yes and no. Be worried to the point of being aware that something can happen is good - it means that you know that something could happen and are that much more prepared to handle such an encounter. If you spend all of your time looking for ambushes and traps with every step you take then this might be a little extreme or bad. Forewarned is forearmed. During our workings and travels, we learn to recognize these classes of forces, how to find them and how to avoid them. When meeting any force you have several options: talk to them, ignore them and walk away, take an aggressive stance if you feel threatened, try to reason with a more unsavory force, etc. Whatever you do will return three fold, do unto others as you would have them do unto you. These are statements of truth. For the most part, meeting and being friendly is the best choice but unfortunately it does not always result in a friendly response. As with meeting people on the physical level your options for encounters are the same on the Magickal levels.

Magickal Protection can be thought of as a martial art. Learning such an art provides you with a means to defend yourself (defense) if needed and if all else fails, an offensive form which you can use to defend yourself. The techniques presented here will help to keep negative forces away from you and teach you how to get rid of them.

Forms of Magickal Protection

Magickal Protection can be resolved into two basic categories, physical and non-physical. Non-physical protections involve shaping of energy into a shield and wrapping it about

yourself, object/place or another person (but only with permission). Physical forms of protection involve the use of crystals, herbs, symbols, talismans, etc. to hold protective energies about you or an area.

Trance Dance

By: Loryn Martin Walton

Trance dancing is an ancient shamanic ritual which invites spirit to embody the participants to heal themselves through spiritual ecstasy. Trance music and dance has an important place in virtually all of the world's most ancient and revered cultures.

Anyone can trance dance because there are no steps, no external expectations; your spirit takes over. Our bodies move beyond normal reality and are guided to move in a way that frees our vital energy. This vital energy is our spirit. It is what heals us and allows us to feel our joy, our passion, our excitement for living.

We have re-pressed our "wild self" because our culture has very few acceptable ways to express this self. Yet it is a vital part of our being. Life is about being fully present in the body. We can enjoy our bodies and be spiritual at the same time. The body dances ecstatically with the spirit and the mind to unite them by bringing in the breath.

Trance dance is done blindfolded so that it becomes a totally internal experience. This allows many people who feel inhibited to drop their inhibitions and not worry about what other people might think. It is amazing how many people do not allow themselves the gift of dance for this reason alone. It also uses special breathing patterns and music that assists people to move into altered states of consciousness. This allows people who think they have no rhythm to dance, because their mind stops interfering with the self that does feel the rhythm.

Trance dance for me has been an answer to a long time prayer. For years I have been aware of a yearning within myself to dance. I have taken classes in belly dancing, ballroom dancing, Indian classic dance, and Hula dancing. But none of these were an answer because they called for intense discipline and consistency and some years of study. Because I traveled so much in my life, I knew none of these would be suitable.

After giving in to the great depths of sadness from traumatically losing my beloved husband, I had to make a decision. I would either allow my spirit to wither and die or I would have to find something that made me feel alive again. That was when trance dance came into my life and re-awakened within me the joy and ecstasy of living. I danced to survive. In sadness I felt separation. In dance I feel the unity of spirit. For me now trance dance is a way to continue the dance of life and share with others a way to move from the dullness to the light.

Trance dancers experience the healing power of rhythm. Rhythm produces certain fundamental results because of the natural laws of resonance and entertainment. Resonance is the natural ability of something to vibrate to a frequency from a source other than itself. When we are surrounded by the powerful beat of drums and other percussion, the resonating systems of our body, including the brain, begin to vibrate in

response.

The beat is essential in altering brain waves, entraining them from beta, which is the cycle of our daily activity and cognitive thought, into relaxed alpha and eventually the trance state of theta.

When we hear trance rhythms, all parts of our brain come into activity. Our lower reptilian brain, our mid brain or mammalian brain, and our new brain (neo-cortex) come into alignment and function as a unified whole. Rhythm especially stimulates the "alert system" of our reptilian brain. The loud repetitive drumbeat covers all other stimulus and sensory input, it blocks out the usual brain clutter and causes the emotional and intuitive processes of the mid brain to come into the foreground. This induces trance, uncovers far memory and awakens non linear creativity.

As we have lost touch with the spirit of nature, the rhythms of our bodies and our planet. we have also stopped creating a spiritual "rhythm conscious" community. We have forgotten the pleasure and joyous healing of rhythmic rituals when people would play their drums and dance together. All this will change as we create a wave of spirit rhythm consciousness.

Trance dance is not about performance or musical skill but transformation and expansion of consciousness and healing our bodies, our planet and our community. We dance together to awaken our ancient shamanic rhythm, risking becoming part of something larger than ourselves.

Hide Away Circles

By: WillowHawk

In this urban day & age, as much as we would like to always hold our ceremonies outside, this just isn't possible. Weather, time of day, & living quarters all play a part in deciding where we are able to have our rites. Now days, many people (myself included) live in town in an apartment building. Both space & neighbors can be a problem in this setting. Even though the Burning Times are behind us, our religion is still not accepted by many people. For this, & many other personal reasons, some of us choose to erect only temporary sacred spaces. Here are some easy ways to create a truly sacred space in what is normally your bedroom, living room, or whatever...

First, for people who are comfortable working in almost any setting, try taking stones, crystals, etc. & using them as your circle boundaries. You could cast your circle as you place the stones. When you place the eastern stone, call the powers of that quarter & so on. For Witches who like to change the atmosphere a little more, try buying or making a circle cloth. This is a circular piece of material, in a size that is comfortable for you, that is your magickal circle. You simply take it out, lay it down & energize like you would with any other casting. Perform your rites, & when you are finished, your entire circle folds neatly for easy storage.

This circle cloth can be anywhere from simple to elaborate. Buy a piece of material that

you like, & cut out a circle. Cut the circle to the diameter of circle that you normally cast for your workings, be it three, four, or six feet. Most importantly, make the diameter of your cloth a size that you are comfortable with. It can be left as simple as that, or you could decorate your cloth with power symbols, runes, astrological symbols, or whatever you choose. Just stitch, paint, draw, or glue on the symbols you want.

For those Witches with no craft talent whatsoever, go to your local store & find the tablecloth section. One of the sizes is a 72-inch round. This just happens to be a six foot circle. once again, either pick a color pattern you like or leave the cloth plain or decorate to suit your tradition. Have fun trying these ideas.

Starwood's Making Your First Wand

By: Susan Baxter

Some feel the tools of magick must be made by some powerful person with more knowledge than yourself. This just isn't true. Making your own wand is the most powerful thing you can do. making your own tools invests them with your personal power and therefore will work better for you as from its' conception it is imbued with your vibrations, your energy, it is a part of you - a familiar, if you will.

Choose a length of wood - I use tree branches that must be pruned anyway. I like a 12 inch length about the thickness of my finger. When selecting the wood I refer to the magickal vibrations of the different woods. I use apple for love magick, seven barks for money magick, Elder for fairie magick, oak for nature magick, willow for general magick.

You will want a quartz crystal point for the tip - you could use rose quartz on the love wand or amethyst on a wand for spiritual contact and guidance. Gouge a bit of wood out of the tip of the wand to help hold the crystal glue with high temp hot glue gun or a strong hold glue - let set. Now use glue on bottom sides of crystal and top ionch or so of wood, wrap with leather strips or cord or embroidery thread in a color that goes with the purpose of the wand. That helps to secure the crystal. Now wrap the base end of the wand by gluing wood and wrapping with leather or yarn to make a hand hold. Use the same color as on top and cover about 4 inches. You may decorate the shaft of the wand with symbols that relate to the purpose of the wand, such as runes and other symbols that have meaning for you. You can use a knife, water proof marker, paint, wood burning tool, etc.

You could decorate the end of the top yarn with gemstone beads, metal beads, wood beads and tip it with feathers if you like. Cleanse and consecrate as with any tool.

The Altar

From: To Ride a Silver Broomstick

By: Silver RavenWolf

As you are unique in design, so should your altar be. There are several types of altars - among them are the table type, the wall altar, and the stang (or vertical altar). An altar serves three specific purposes:

It helps you centralize your personal power. Therefore, each item placed on it should have a specific purpose. Don't have anything there that is not needed. When the altar is dormant, you can set decorative articles on it in celebration of reverence, but don't clutter it up.

It can serve as a work table, like that of a master craftsman. As such, it should be large enough for comfortable crafting of tools, talismans, etc.

It enables you to honor the Universe and your beliefs, even when you are not physically present.

The Table Altar

The physical construction of your table altar is your choice. Witches use coffee tables, dressers, cinder blocks with two planks, desks, computer tables, etc. You can make your own altar if you are handy with woodworking tools.

The altar can be permanent or portable, and any size that is comfortable to you. There are even space-saver tables now on the market; when you fold down the side leaves, they are as small as two feet across. Most of them have wheels to enhance their portability, and can be maneuvered into small area for storage.

The top of the altar should have enough space so you can work comfortably if you are planning to use it as a magickal work table. As a working altar, there should be enough space for you to place two illuminator candles or lamps safely on either side of you to provide adequate lighting.

If the altar is a permanent one, you may wish to keep the lamps or candles there at all times. You never know when you may need to use the table on short notice for helping someone. Your altar can be decorated with magickal symbols and designs by carving, using a wood-burning tool, or painting it various color combinations.

Some Witches prefer to place the altar at the North or East points of the sacred space. This is not an absolutely necessary practice, as when you cast the magick circle around the altar area you aren't working in the present dimension anyway, and North, South, East and West are merely reference points of the material world.

The Wall Altar

In our home we have a working altar and a wall altar. The working altar is for my own personal use, but the wall altar is for the entire family to enjoy.

Wall altars are usually made from shelves, indentations or alcove in the wall. In our case,

we have set the entire wall between a door and a window aside as an altar. The wall has been stenciled, has various items hanging on it (including a broom, a framed picture of the God and Goddess entwined, a large wreath of grapevines woven into a pentacle), and two double glass shelves for gems, stones, nature's gifts, a bell and small statues of witches and priestesses cast in pewter.

Each of these things means something special to the family, weather it was gathered from the yard, picked up on a hiking trip, or purchased as a gift for one another on our holidays.

We also have a small altar in the living room that holds a stone pyramid that can be touched by the adults who enter and leave the room. Some families use the mantle above their fireplace as an altar. Candles, lamps, pictures, nature items, masks, tec., adorn these areas.

A wall altar does not take much to create. Check local craft shops for decorative wooden shelves. These are unfinished and you can paint or stain them in whatever designs you see fit.

The Stang

The stang is usually made out of the wood that is generally prevalent to your locality. It is best to research the magickal properties of your local trees and choose that which you think most appropriate. The stang as an altar is placed upright in the ground on the outside of the circle, guarding the entrance. Often the stang is decorated for the celebration at hand. Some traditions use only one stang to represent the God. A candle is place "between the horns", or over the middle prong of the pitchfork. Beneath would be a mask, garlands, and in some Traditions, crossed arrows, Two stangs or pitchforks would indicate one for the God and one for the Goddess.

If you live in a rural area you could probably get away with one of these outside; in fact, if decorated lavishly over Samhain, you would probably start a fad. As an example of how yet another custom has been absorbed by mainstream culture, take the broom craze. Go in any arts and crafts store these days and you will find brooms and baskets galore to be decorated and hung on front doors, in kitchens, etc. At the foot of the stang can be places a small table on which the cakes are set on a platter used only for ritual purposes.

Alt ar Items

The tools on your altar, and placement thereof, change with the season, celebration, or need. You will collect and make several special tools and decorations over the years. Some things will become standard for each ritual. Other items will be discarded or given away. Begin by choosing an altar cloth. It should be large enough to cover the entire surface of the altar. The color and pattern are optional. I have used everything from plain black velvet or satin to a designer sheet! For general working, the choice should be a plain color such as black, blue or dark green. For seasonal celebrations and other rites, I use a colored pattern that brings out the mood of the occasion.

On top of the altar cloth, I have a working cloth. This should be smaller, the size of a

place mat, and it should be kept in mind that it will get soiled due to your various projects and rituals. You may be mixing herbs and inks, or creating other magickal items that would stain your altar cloth. If you have spent a great deal of money on the material for the altar cloth, you don't want to ruin it with an "Oops!"

All candleholders should be large enough to catch any drips, and sturdy enough that they will not easily tip if the altar gets bumped. Candles skirts, which are little rings designed to catch drips, can also be purchased if you just can't part with that favorite holder even though it spits wax everywhere.

I usually use white pillar candles or hurricane lamps for illuminators. On holidays I change the color of the pillar candles to match the season. Keep a large tablespoon on hand to bent out the wax as the pillar candles burn. This will keep the candle in good working order for quite a while, as pillar candles are usually expensive.

A relatively new fad in the illumination arena is the use of oil candles. Usually made of clear glass in interesting shapes and asbestos wicks, these vessels of light are like the temple candles of old. Many Tradition Witches are using these small lamps both for illumination and magick. Oils for these candles come in a various of colors and create a striking addition to any magickal working.

Most Witches like to have a representation of a deity or deities on their altar, as well as a picture or a statue of their power animal. Representation of the deity can be in form of a statue, pictures, or even a specific colored candle or gem.

There should be room on the altar for an incense burner, holy water, cup or chalice and a pentacle. The pentacle is placed in the center of the altar space, or above if you are working on your mat. The altar should also contain two objects, both the same design, one colored black and one white. I use them to represent balance in all things - one to repel and one to draw. Some Witches prefer the use of candles to represent this universal law.

Charms and Symbols

Circle -- Eternal; never-ending. Wholeness, completion, Self, and Spirituality.

Chain -- Continuity of life with past, present, future; the interrelatedness of all living things.

Cross -- Protection symbolized by the four directions of the cross; union of elements and opposites.

Ankh - - Physical life in harmony with spiritual life.

Celtic Cross -- The Earth and her four quarters; the union of Earth with the spiritual world.

Figure 8 -- Eternity, the dynamic balance between solar and lunar forces.

Square -- Square, the foundation of the home, the material world and material security.

Spiral -- Evolution, growth and progress, the flow of energy through space, landforms, and living things.

Star (Five pointed) -- The energy generated when the four elements are bound together

with the fifth element, spirit.

Star (Six pointed) = Union of opposites and harmonious balance of creative forces make this the Star or Creation.

Triangle -- Creative focus of body, mind and spirit.

Bat -- Asian charm depicts five bats as the blessing of health, wealth, love of virtue, old age, and a natural death.

Bear -- Childbearing, powerfully protective mother instincts, hibernation symbolizes introspection and self-renewal.

Bees, beetles, and winged insects -- Harbingers of Spring, Earth's fertility, social cooperation, industriousness.

Butterfly -- Ancient symbol of the soul, exemplifies transformation; represents and early and happy marriage in some Asian cultures.

Cat -- Personal pride, self-assurance, love of beauty and comfort. Black cats are especially lucky (associations with bad luck come from the Medieval Church, which reviled cats because they were the totem animals of the Love Goddess); embody the Spirits of Place because of their attachment to their homes.

Cow -- Earth mother, nourishment, taking care of physical needs, the wealth of the Earth, fertility cycles of the Moon.

Coyote -- Cleverness, guise of the trickster, surviving by ones wits.

Deer -- Maternal affection, healing touch, grace and gentility.

Dog -- Companionship, fidelity, household guardian.

Dolphin -- The connection between human sentience and that of the animal kingdom.

Dragon -- The raw, powerful, flowing, energies of the Life Force as it courses through landforms and the elements of Fire, Water, and Air.

Dragonfly -- The real, illusionary beauty.

Fish -- The Water element, fertility and richness.

Frog -- Transformation, evolution, small impulses that lead to meaningful things; also, the herald of nourishing rain and the beginning of spring.

Horse -- Great power coupled with great gentility, personal power in both physical and spiritual domains.

Ladybug -- Good luck coming from the gifts of the Love Goddess

Lamb -- Innocence, the playful vitality of youth.

Lion -- The raw power of the Fire element.

Lizard -- Basking habits show the lizards love of the Sun, and the Sun returns that love; symbolized the solar powers that value and nourish even the small things.

Mouse -- The importance of the small things in life.

Pig -- Their rounded shape suggests pregnancy, fertility, and abundance, their rooting around also associates them with the Earth mysteries.

Rabbit -- Fertility, sexuality, abundance.

Scarab Beetle -- Transformation, rebirth into eternal life.

Snake -- Associated with the healing arts because of self-renewal and spiraling coils suggesting the flow of the life Force; and going into the ground represents knowledge of the mysteries.

Spider -- The web of life (ancient symbol relevant to modern ecology), personal skill, good luck for craftpersons and witches.

Toad -- A spirit of place that confers well being to a home; recognizing beauty in homely things.

Turtle -- Longevity and protective security; in Native American lore.
 Unicorn -- Purity, innocence, justice, the untouched state of Nature.
 Wolf -- Finding new energy by making contact with the inner, wild, and primitive level of being.
 Birds (General) -- Thought, imagination, intuition, freedom.
 Birds (Water) -- Associated with abundance, fertility, and transformation.
 Chickens -- Security and prosperity of a cozy homestead.
 Dove -- Peace, love and fertility.
 Eagle -- Spiritual power, the ability to soar beyond all limitations.
 Hawks -- Alertness, awareness, ability to see the heart of the matter.
 Hummingbird -- Pure joy, ecstatic lightness of being, love charm.
 Owl - - Wisdom, knowledge, go-betweens twilight and day, life and death, the Middle Earth and the Underworld.
 Parrot -- A love for exotic places, communication, and sociability.
 Peacock -- Personal pride, love of beauty.
 Rooster -- Courage; the victory of light over dark.
 Seagull -- Ability to travel through many dimensions as gulls are at home in three elements: Earth, Air, Water. An appropriate symbol for the Shaman.
 Stork -- Believed to bring babies because it is an ancient symbol of incipient life. Symbolizes good parenting and a reciprocal devotion to one's own parents.
 Swallow - - Bird that embodies the playful Spirit of Air, a harbinger of Spring, traditionally a good luck amulet.
 Swan - - Feminine grace and beauty that stirs Divine inspiration.
 Acorn -- Concentrated potential, youth, good health, and growth.
 Daisy -- Youth, aliveness, the qualities of the archetypal maiden.
 Edelweiss -- A test of love and courage - to obtain it for your beloved, you must climb craggy mountain slopes where it grows.
 Evergreen Tree -- Contains the same symbolism of the tree, but emphasizing the reconciliation between the transitory and the eternal, promising eternal life and the continuity of life.
 Four Leaf Clover -- The four leaves are said to stand for health, wealth, happiness, and true love.
 Moon - - A powerful symbol with many layers of meaning, the feminine mysteries; the night side of Nature and the call of the Wilderness; the measure of Time and the tides of Life; the cycles of fertility, growth, fulfillment, and going within; the realm of magic; the unconscious mind.
 Mushroom -- Symbolic of the borders of consciousness and the awareness of other worlds (states of consciousness), traditional association with the Faery Realm.
 Pine Cone -- Concentration of life, fertility, growth, and prosperity.
 Rose - - The fulfillment of Love.
 Shell -- Historically the world's most popular amulet, with many layers of symbolism. The Water element, love, fertility, and female sexuality. Growth and the spiraling flow of vital energy, wealth, and perfection. Moon tides and lunar phases.
 Snowflake -- The manifestation of the Mother Rune, Hagal, which maps the matrix of life.
 Star -- Affirms you are guided by a lucky star (help from spiritual sources); each person is a breathing star, scientists point out that we are made of the stuff of ancient star dust.

Sun -- The Life Source, radiant, warm, active, expansive, life-stimulating qualities.
Conscious mind, intelligence, personal pride.

Tree -- Another ancient, honored, and complex symbol; the ability of the Self to reach into heaven while still having roots in the Earth.

Faerie Foxglove

By: Titania Morgay

Spring is a glorious time of the year, for the renewing energy of the Earth to pour her magic into all of her blossoming children. Flowers are blooming, scenting the air with their sweetness, as we welcome the Faerie Folk to our gardens to protect and give the plants their loving guidance. Foxglove flowers are beautiful, bell-shaped blooms that are a favorite among the Faerie Folk. By planting them in your garden, you invite the wisdom and protection of these magical people.

Foxglove is known by many folk names, Faerie Fingers, Fox Bells, Lus na mbau side (Gaelic), Witches Thumbs, and many more. Each plant may produce several stalks, bearing multiple, bell-shaped flowers that tower up the stalk, often reaching a height of 4-6 feet. The most beautiful Foxglove plants I have ever seen were growing in Monterey, California. I was so impressed by this plant, it has become a must in my garden every year.

Digitalis is the common drug that is derived from this plant. It is used as a cardiac stimulant. The extracted digitoxin from root, leaves, and flowers, increases the force of heart contractions, making it beneficial for congestive heart failure. As the drug causes increased contractions, it helps the heart to empty its ventricles, giving it more time to rest between contractions and fill with blood from the veins.

Digitalis/Foxglove must never be administered without supervision of a physician, as incorrect dosing can easily be fatal. The signs of Foxglove poisoning include: strong, slow pulse, vomiting, dizziness, diarrhea, tremors, and convulsions.

Even though Foxglove is considered poisonous for medicinal purposes, it is a beautiful plant and a special treat to grow in the garden, just make sure it is kept out of the reach of your pets, children, and other wild creatures that may wander into your garden. For magical uses, Foxglove grown in the garden protects the garden and home. It is feminine gender, ruled by the planet Venus and the element water. It can also be used for dyeing purposes, the flowers producing a chartreuse color when used with alum.

Foxglove can be grown from seed, germinating in about 14 days. Plant the seed in loose soil, covering with ¼ inch soil. It must be planted in late spring or early summer to become strong enough to survive the winter, blooming the second season after planting. It can tolerate a variety of soils and growing conditions, growing best in partial shade and kept relatively moist. Foxgloves can also tolerate freezing temperatures, requiring some protection from the snow in the winter.

When planning your gardens this spring, consider growing Foxglove for its magical properties and beauty. You will be pleasantly surprised by this showy plant, and you may

even notice a few Faerie Folk dropping by!

TO BANISH AN EVIL SPIRIT

Take five black candles and place them at the five points of the pentagram. As you light each of them imagine that the flame is creating a wall of protection on that side of you. Sit at the center of the pentagram. Concentrate on your wish to banish the evil spirit. Chant 13 times:

“Ashes to ashes
Spirit to spirit
Take this soul
Banish this evil!”

Snuff out the candles starting from the upper right point of the pentagram (Water), so that the last one to snuff out is the one that symbolizes the Spirit.

ABRAMELIN INCENSE

2 Parts Myrrh
1 Part Wood Aloe
a few drops Cinnamon Oil

Burn to contact spirits during rituals or as a simple consecration incense to sanctify the altar or magickal tools.

AIR INCENSE

4 Parts Benzoin
2 Parts Gum Mastic
1 Part lavender
1 Pinch Wormwood
1 Pinch Mistletoe

Burn to invoke the powers of the element of Air, or to increase intellectual powers; to obtain travel; for communication, study & concentration, or to end drug addiction. Smolder during divinatory rituals.

ALTAR INCENSE

3 Pa rts Frankincense
2 Pa rts Myrrh
1 Pa rt Cinnamon

Burn as a general incense on the latar to purify the area.

APHRODITE INCENSE

1 Pa rt Cinnamon
1 Pa rt Cedar
a few drops Cypress Oil

Burn during rituals designed to attract love.

APOLLO INCENSE

4 Pa rts Frankincense
2 Pa rts Myrrh
2 Pa rts Cinnamon
1 Pa rt Bay

Burn during divination & healing rituals.

APPARITION INCENSE

3 Pa rts Wood Aloe
2 Pa rts Coriander
1 Pa rt Camphor
1 Pa rt Mugwort
1 Pa rt Flax
1 Pa rt Anise
1 Pa rt Cardamom
1 Pa rt Chicory
1 Pa rt Hemp

Burn to cause apparitions to appear, if you REALLY want this to happen.

ARIES INCENSE

2 Pa rts Frankincense
1 Pa rt Juniper
3 D rops Cedarwood oil

Burn as a personal altar or household incense to increase your own powers.

ASTRAL TRAVEL INCENSE

3 Parts Sandalwood
3 Parts Benzoin
1 part Mugwort
1 Part Dittany of Crete

Burn a small amount in the room to aid projecting the astral body.

ATTUNEMENT TO SPIRIT WORLD

1/4 tsp ground Sandalwood
Or - 1/2 tsp Sandalwood chips
1/4 tsp Balm of Gilead
1/8 tsp Sage

AQUARIUS INCENSE

1 Part Sandalwood
1 Part Cypress
1 Part Pine Resin

Burn as a personal altar or household incense to increase your own powers.

BABYLONIAN RITUAL INCENSE

3 Parts Cedar
2 Parts Juniper
1 Part Cypress
1 Part Tamarisk

Burn during Babylonian & Sumerian magickal rituals, or when attuning with such deities as Inanna, Marduk, Enlil, Tiamat & others.

BELTANE INCENSE

3 Parts Frankincense
2 Parts Sandalwood
1 Part Woodruff
1 Part Rose petals

- a few drops Jasmine oil
- a few drops neroli Oil

Burn during Wiccan rituals on Beltane or May Day for fortune & favors & to attune with the changing of the seasons.

BINDING INCENSE

- 4 Parts Nettle
- 4 Parts Thistle
- 4 Parts Knotgrass
- 1/4 Part Nightshade
- 1/4 Part Aconite (wolfsbane)

Burn with CAUTION during outdoor rituals to destroy baneful habits or thoughts. Small amounts only! DO NOT INHALE FUMES!!

BORN AGAIN INCENSE

- 3 Parts Frankincense
- 1 part Mullein
- 1 Part Mums

Burn when distraught over the passing of a friend or loved one.

BUSINESS INCENSE

- 2 Parts Benzoin
- 1 Part Cinnamon
- 1 Part Basil

Burn to attract customers.

CANCER INCENSE

- 2 Parts Myrrh
- 1 Part sandalwood
- 1 Part Eucalyptus
- 1 part Lemon peel (or a few drops of lemon oil)

Use as a personal altar or household incense to increase your own powers.

CAPRICORN INCENSE

2 Parts Sandalwood
1 Part Benzoin
a few drops Patchouly Oil

Use as a personal altar or household incense to increase your own powers.

CEREMONIAL MAGICK INCENSE

3 Parts Frankincense
2 Parts Gum Mastic
1 Part Wood Aloe

This formula is from the Key Of Solomon is typical of grimoire type recipes. It can be used in general magickal workings to raise power & to purify the area. Other recipes include such ingredients as mace, Brandy & Vervain.

CEREMONIAL MAGICK INCENSE #2

2 Parts Frankincense
1 Part Wood Aloe
a few drops Musk Oil
a few drops Ambergris Oil

Another like the above.

CIRCLE INCENSE

4 Parts Frankincense
2 Parts Myrrh
2 Parts Benzoin
1 Part Sandalwood
1/2 Part Cinnamon
1/2 Part Rose Petals
1/4 Part Vervain
1/4 part Rosemary
1/4 Part Bay

Use for general workings in the circle, the ritual working space of Wiccans & Magicians & as a general ritual incense.

CLEARING INCENSE

3 Parts Frankincense
2 Parts Myrrh
1 Part Sandalwood

Burn this incense to clear your home of negative vibrations, especially when household members are arguing or when the house seems heavy & thick with anger, jealousy, depression, fear & other negative emotions. Leave the windows open while burning this mixture.

CONSECRATION INCENSE

2 Parts Wood Aloe
1 Part Mace
1 Part Storax (or Gum Arabic)
1 Part Benzoin

When purifying or consecrating magickal tools, jewelry, quartz crystals & other stones, smolder this incense & pass the tool through its smoke several times. So this while visualizing the fumes purifying the tool.

COURAGE INCENSE

2 Parts Dragon's Blood
1 Part Frankincense
1 Part Rose Geranium Leaves (or few drops Rose Geranium oil)
a few drops Tonka Bouquet
a few drops Musk Oil

Smolder this incense when you lack courage. If you are in a situation where you cannot burn it, recall its scent & be strong. If Tonka Bouquet is unavailable - use Tonka tincture or vanilla extract.

CRYSTAL PURIFICATION INCENSE

2 Parts Frankincense
2 Parts Coral
1 Part Sandalwood
1 Part Rosemary
1 Pinch finely powdered salt
a small purified Quartz crystal point

Pour a bit of incense (leaving the crystal in the jar) onto charcoal. Smoulder & pass the crystal to be purified through the smoke wafting away the stones impurities. Naturally,

this incense can be used in connection with the others recommended purifying rituals, or in place of them.

CURSE-BREAKER INCENSE

2 Parts Sandalwood
1 Part Bay

Burn at night near an open window if you feel "cursed". Though curses are rare, if we believe we are cursed, we are! Therefore smolder this incense & visualize it banishing all negativity from you. Repeat this ritual for 7 nights during the Waning Moon, if possible or desirable.

CURSE-BREAKING INCENSE 2

2 Parts Sandalwood
1 Part Bay
1 Part Rosemary

Another like the first.

CURSE-BREAKING INCENSE 3

2 Parts Frankincense
1 Part Rosemary
1 Part Dragon's Blood

Smoulder to remove negativity in general.

DIVINATION INCENSE

1 Part Clove
1 Part Chicory
1 Part Cinquefoil

Smoulder during or directly before using Tarot cards, Runes, etc. But be aware: Doesn't smell good!

DIVINATION INCENSE 2

2 Parts Sandalwood
1 Part Orange Peel

1 Part Mace
1 Part Cinnamon

Another like the above, & this one smells better.

DREAM INCENSE

2 Parts Sandalwood
1 Part Rose petals
1 Part Camphor
few drops Tuberose bouquet
few drops Jasmine oil

Burn a bit in the bedroom prior to sleep to produce psychic dreams. Remove the censer from the room before retiring. Use only genuine camphor.

EARTH INCENSE (Elemental)

2 Parts Pine resin or needles
1 Part Patchouly
1 pinch finely powdered salt
few drops Cypress Oil

Burn for invoking the powers of the element of earth for money, stability & so on.

EARTH INCENSE (Planetary)

1 part Pine needles
1 Part Thyme
few drops Patchouly oil

Burn to honor the Earth, & for all earth-reverencing rituals.

EGYPTIAN INCENSE

4 parts Frankincense
3 Parts Gum Arabic
2 parts Myrrh
1 Part Cedar
1 Part Juniper
1 part Calamus
1 part Cinnamon

Burn during Egyptian rituals, or to honor any ancient Egyptian deity, such as Isis, Thoth, etc.

EGYPTIAN LOVE INCENSE

1/2 oz Benzoin
1/2 oz Cinnamon
1/2 oz Galangal
1/2 oz Frankincense
1 oz Myrrh
3 drops honey
3 drops lotus oil
1 drop rose oil
Pinch of dried & pilv. Orris root

EIGHTFOLD HEARTH INCENSE

2 parts Dragon's Blood
2 Parts Myrrh
1 Part Juniper
1/2 part Sassafras
1 part Orange flowers
1/2 Part rose petals

Burn for a safe, warm, loving home. Also give as a gift to others.

ESBAT INCENSE

4 Parts Frankincense
3 Parts Myrrh
2 Parts benzoin
1 Part sandalwood
1 Part Gardenia petals
1/2 Part Orris
1/2 Part thyme
1/2 part Poppy Seed
1/2 part Rose petals

Burn during rituals & spells on the Full Moon, or at any Wiccan gathering other than the Sabbats.

EXORCISM INCENSE

3 Parts Frankincense
1 part Rosemary
1 part Bay
1 Part Avens
1 Part Mugwort
1 part St John's Wort
1 part Bail
1 Part Angelica

Burn with open windows in disturbed places as a heavy purificatory incense, & breathe through your mouth while smouldering this.

FALL SABBAT INCENSE

3 Parts Frankincense
2 parts Myrrh
1 Part Rosemary
1 Part Cedar
1 Part Juniper

Burn during fall & winter sabbat rituals.

FIRE INCENSE

2 parts Frankincense
2 parts Dragon's Blood
1 Part Red Sandalwood
1 Pinch Saffron
few drops musk oil

Smolder for summoning the powers & beings of Fire, & also for success, strength, protection, health, passion & other similar goals. Genuine Saffron is expensive, so only a pinch. You can use Orange peel instead.

FIRE OF AZRAEL INCENSE

1 Part sandalwood
1 Part Cedar
1 Part Juniper

Burn while scrying, or throw into coals of a fire once the flames have been quenched & gaze into them to see images form within them. the latter rite is best performed on beach at night. Also general Psychism-inducing.

FRANKINCENSE INCENSE

2 tbsp pul. Frankincense
1 tbsp pwd Orris root
1 tsp pwd Clove
1 tbsp Lemon oil

Combine & mix all but lemon oil. Put in a jar, seal & keep in a dark place for 2-3 months.
For healing magick, Honor the Mother Goddess & Horned God.

"FOR EMERGENCIIES" ONLY (inspired by Jim Alan's song "Talkin' Wicca Blues)

3 Parts Frankincense
2 parts Dragon's Blood
2 parts Myrrh
1 Part Rosemary
1 Part Asafoetida *
1 Part Cayenne *
1 part Grains of paradise
1 Part Rue*
1 Part Garlic *

Burn to be rid of foul demons, wrathful spirits, tax collectors, drunks & other noisome creatures. Stand back & hold your nose or better still, leave the room while this incense is smoldering. Those herbs marked * aren't necessarily dangerous or baneful, but they emit a powerful smoke that is irritating to the eyes, nose & lungs.

FULL MOON RITUAL INCENSE

3 parts Frankincense
1 part sandalwood

Burn during Full Moon rituals, or simply to attune with the Moon.

FULL MOON RITUAL INCENSE 2

2 Parts Sandalwood
2 Parts Frankincense
1/2 Part Gardenia petals
1/4 Part Rose petals
few drops Ambergris Oil

Another like the 1st.

FULL MOON RITUAL INCENSE 3

3 parts Gardenia petals
2 Parts Frankincense
1 Part Rose petals
1/2 part Orris
few drops Sandalwood oil

Another like the last.

GEMINI INCENSE

2 Parts Gum Mastic
1 Part Citron-or-
1 Part mixed Orange & Lemon peel
1/2 Part Mace

Use as a personal altar or household incense to increase your powers.

GODDESS INCENSE

1/2 dram Cypress oil
1/2 dram Olive oil
1/2 oz dried rose petals
1/2 oz White willow bark
3 dried Rowan berries
1 tsp anise seeds

GOOD OMEN INCENSE

5 rose petals
1 1/2 oz myrrh
1 oz Dragon's Blood
1/2 oz Sassafras
1/2 oz Orange blossoms
1/2 oz Juniper
1/2 oz Sage
1 dram Frankincense

GREEK GOD/GODDESS INCENSE

4 parts Frankincense (sacred/Apollo)
2 Parts Myrrh (Demeter)
1 part Pine (Poseidon)
1 Part Rose Petals (Aphrodite)
1 part sage (Zeus)
1 Part White Willow bk (Persephone)
few drops Olive oil (Athena)
few drops Cypress oil (Artemis/Hecate)

Burn to honor them.

HEALING INCENSE

1 part Rosemary
1 Part Juniper berries

Burn to speed healing while visualizing.

HEALING INCENSE 2

2 Parts Myrrh
1 Part Cinnamon
1 pinch Saffron

HEALING INCENSE 3

3 parts Myrrh
2 Parts Nutmeg
1 part Cedar
1 part Clove
1/2 part Lemon Balm
1/2 part poppy seeds
few drops Pine oil
few drops Almond oil

HEALING INCENSE 4

2 Parts Juniper berries
1 part Rosemary

HECATE INCENSE

3 Parts Sandalwood
2 Parts Cypress
1 Part Spearmint (peppermint)

To honor Her, burn at crossroads or during ritual at the waning of the Moon.

HECATE INCENSE 2

1/2 tsp dried bay leaves
1/2 tsp dried mint leaves
1/2 tsp dried thyme
pinch of myrrh resin
pinch of frankincense resin
13 drops Cypress oil
3 drops Camphor Oil

HONORS INCENSE

2 Parts Benzoin
1 Part Wood Aloe
1/2 Part Pepperwort (or Rue)

Burn for honors & favors.

HORNED GOD INCENSE

2 Parts Benzoin
1 Part Cedar
1 part Pine
1 Part Juniper berries
few drops Patchouly oil

Burn to honor Him in His many guises, especially during Wiccan rituals.

HORNED GOD INCENSE 2

7 drams tincture Benzoin
1/2 dram Sandalwood oil
1/2 dram myrrh oil
1/2 dram frankincense oil
salt peter
1 oz pwd Charcoal
pinch of dried asafoetida

pinch of dried blessed thistle
pinch of dried peppermint

HOUSE PURIFICATION INCENSE

3 Parts Frankincense
2 parts Dragon's Blood
1 part Myrrh
1 Part sandalwood
1 part Wood Betony
1/2 part dillseed
few drops Rose Geranium oil

Burn in your home to cleanse it at least once a month perhaps on the Full moon. Additionally, burn this mixture in a new home before moving in.

IMBOLC INCENSE

3 Parts Frankincense
2 parts Dragon's Blood
1/2 Part Red Sandalwood
1 Part Cinnamon
few drops red wine

To this mixture, add a pinch of the first flower (dry it first) that is available in your area of Imbolc. Burn during Wiccan ceremonies or Imbolc, or simply to attune with the symbolic rebirth of the Sun - the fading of winter & the promise of Spring.

INCENSE AGAINST INCUBUS

2 parts Sandalwood
2 Parts Benzoin
2 Parts Wood Aloe
1 Part Cardamom.
1/2 part Calamus
1/2 part Birthwort
1/2 Part Ginger
1/2 Part Pepper
1/2 Part Cinnamon
1/2 Part Clove
1/2 Part carnation
1/2 Part Nutmeg
1/2 part Mace
1/2 Part Cubeb seed

few drops Brandy

This ancient mixture is burned to ward off the Incubus. (INCUBUS: A male demon or spirit that was believed to sexually tempt & abuse women. Compare w/Succubus.)

ISIS INCENSE

3 Parts Myrrh
2 Parts Sandalwood
1 part Frankincense
1 Part Rose petals
few drops Lotus bouquet

Burn while reverencing Isis. or, burn during any type of magickal operation, since Isis is the Goddess of All Things.

JUPITER INCENSE (Planetary)

2 Parts Wood Aloe
1 Part Benzoin
1 Part Storax (or Gum Arabic)
1/4 Part Ash seed
few drops Olive oil
1 pinch powdered Lapis Lazuli

Mix & burn. This unusual formula includes a stone & could also be mixed together & carried as a Jupiterian talisman charm. Burn for spells involving riches, expansion, the law & luck.

JUPITER INCENSE 2

3 parts frankincense
1 Part Mace
1 Part Cardomon
1/2 Part Balm f Gilead
1/4 part pulverized Pomegranate rind
1 pinch saffron
few drops Ambergris oil

Another like the above.

JUPITER INCENSE 3

1 Part clove
1 Part Nutmeg
1 part Cinnamon
1/2 Part Lemon Balm
1/2 Part Citron peel (or = parts dried lemon & orange peel)

KYPHI

4 Parts Frankincense
2 Parts Benzoin
2 parts Gum Mastic
2 Parts Myrrh
1 Part Cedar
1 Part Galangal (or ginger)
1/2 part Calamus (or vetivert)
1/2 part Cardomom
7 raisins
1/2 part Cinnamon
1/2 Part Cassia
1/2 part Juniper berries
1/2 part orris
1/2 part Cypress
few drops Lotus bouquet
few drops wine
few drops honey

Mix the ground dry ingredients thoroughly. Let sit in an airtight container two weeks. In a separate bowl, mix together the oil, wine, honey & raisins. Add to the dry ingredients & blend with the hands. Let sit another 2 weeks. Then, if desired, grind to a fine powder. Kyphi is used in night rituals, to invoke Egyptian Goddess & Gods & as a general magickal incense.

KYPHI 2 (simplified)

3 Parts frankincense
2 parts Benzoin
2 Parts Myrrh
1 part Juniper berries
1/2 part Galangal
1/2 part Cinnamon
1/2 Part Cedar
2 drops Lotus bouquet
2 drops Wine
2 drops Honey

few raisins

Mix, Burn, use as the last.

LEO INCENSE

2 Parts Gum Mastic
1 Part sandalwood
1 Part Juniper berries

Use as a personal altar or household incense to increase your powers.

LIBRA INCENSE

2 Parts sandalwood
1 part thyme
few drops Rose Oil

Use as a personal altar or household incense to increase your powers.

"LOCK" INCENSE

3 Parts Frankincense
2 Parts Juniper berries
1 part Vetivert
1/2 part Cumin

To guard your home from thieves: During the day smolder this mixture in a censer before the front door, then move it to each opening in the house (doors, windows, cellars, etc.) through which thieves may enter. Visualize it's smoke forming an invisible but impenetrable barrier. Move in a clockwise circle throughout your home, replenishing the incense as necessary.

Repeat monthly at the time of the Full Moon, if possible, or, use as needed. This is designed to "lock" your home against unwanted intruders - but don't forget to bolt the doors as well.

LOVE INCENSE

2 parts Sandalwood
1/2 part Basil
1/2 part Bergamot
few drops Rose oil

few drops Lavender Oil

Burn to attract love, to strengthen the love you have, & to expand your ability to give & receive love.

LOVE INCENSE 2

2 Parts Dragon's Blood
1 part Orris
1/2 Part Cinnamon
1/2 part rose petals
few drops Musk oil
few drops Patchouly oil

Another like the above.

LUGHNASADH INCENSE

2 Parts Frankincense
1 part Heather
1 Part Apple Blossoms
1 pinch Blackberry leaves
few drops Ambergris oil

Burn during Wiccan rituals on Aug 1 or 2, or at that time to attune with the coming harvest.

MABON INCENSE

2 Parts Frankincense
1 Part Sandalwood
1 Part Cypress
1 Part Juniper
1 Part Pine
1/2 Part Oakmoss
(or few drops of Oakmoss Bouquet)
1 Pinch Pulverized oak leaf

Burn during Wiccan ceremonies on Mabon or at that time to attune with the change of the seasons.

MARS INCENSE (Planetary)

4 Parts Benzoin
1 Part Pine needles (or resin)
a scant pinch Black pepper

Burn to attract its influences, or during spells involving lust, physical strength, competitions, ritua; concerning men, etc.

MARS INCENSE 2

2 Parts Galangal
1 Part Coriander
1 part Clove
1/2 Part Basil
A scant pinch Black Pepper

MARS INCENSE 3

2 Parts Dragon's Blood
1 Part Cardamom
1 Part Clove
1 Part Grains of Paradise

MEDICINE WHEEL INCENSE

2 Parts Sage
1 Part Sweetgrass
1 part Pine resin or needles
1 part Osha root (or Angelica)
scant picture Tobacco

Burn during rites revering American Indian deities & spirits, & to attune with the energies of this land.

MEDITATION INCENSE

1 Part Gum Acacia (arabic)
1 Part Sandalwood

Burn a small amount prior to meditation to relax the conscious mind.

MERCURY INCENSE (Planetary)

2 parts benzoin
1 Part Mace
1/2 part Marjoram
few drops Lavender oil

Burn to invoke its powers, or during spells involving intelligence, travel, divination & so on.

MERCURY INCENSE 2

2 Parts Benzoin
1 Part Frankincense
1 Part Mace

MERCURY INCENSE 3

2 Parts Sandalwood
1 Part Gum Mastic
1/2 Part Lavender
few drops Lavender oil

MEXICAN MAGIC INCENSE

2 Parts Copal

1 Part Frankincense

1 Part Rosemary

Smolder during Mexican - American folk magic rituals & spells.

MIDSUMMER INCENSE

2 Parts Sandalwood

1 Part Mugwort

1 Part Camomile

1 Part Gardenia petals

few drops Rose oil

few drops Lavender oil

few drops yarrow oil

Burn at Wiccan rituals at the Summer Solstice or at that time of the year to attune with the seasons & the Sun.

MIDSUMMER INCENSE 2

3 Parts Frankincense

2 Parts Benzoin

1 Part Dragon's Blood

1 Part Thyme

1 Part rosemary

1 Pinch Vervain

few drops Red Wine

MOON INCENSE

2 Parts Frankincense

1 Part sandalwood

few drops Eucalyptus oil

few drops Jasmine oil

few drops Camphor oil

Burn to attract its influences, & also during psychic workings, love magick, healing, rituals involving the home & dream magick.

MOON INCENSE 2

4 Parts Sandalwood

2 Parts Wood Aloe

1 Part Eucalyptus

1 Part Pul. Cucumber seeds

1 part Mugwort

1/2 Part Ranunculus blossoms

1 Part Selenetrope

few drops Ambergris oil

May substitute Gardenia or jasmine for selenetrope.

MOON INCENSE 3

2 parts Juniper berries

1 Part Orris

1 Part Calamus

few drops Spirits of Camphor-or- Camphor Tincture or 1/4 part genuine camphor

few drops lotus bouquet

MOON INCENSE 4

2 Parts Myrrh

2 parts Gardenia petals

1 part Rose petals

1 Part lemon peel

1/2 part Camohor

few drops Jasmine oil

MOONFIRE INCENSE

1 Part Rose

1 Part Orris

1 part Bay

1 Part Juniper

1 part Dragon's blood

1/2 part Potassium nitrate

Burn for divination, love & harmony. The saltpeter is included to make it sparkle & glow.

Don't add too much though - it'll explode!

NEPTUNE INCENSE

Lay incense coals on a bed of sea salt. When the coals are hot, toss on a mixture of:

1/2 tsp myrrh gum

1 1/2 tsp copal resin

1 tbsp sandalwood chips

1 tsp dried Irish moss

3 drops oakmoss oil

NINE WOODS INCENSE

Rowan Wood (or Sandalwood)

Dogwood

Poplar

Juniper

Cedar

Pine

Holly Branches

* elder (or oak)

Take sawdust of each, mix together & burn indoors on charcoal when a ritual fire is necessary or desired but not practical. the incense emits the aroma of an open campfire.

OFFERTORY INCENSE

2 Parts Frankincense

1 Part Myrrh

1 Part Cinnamon

1/2 part Rose petals

1/2 part Vervain

Burn while honoring the Goddesses & Gods, & as an offering.

OPENING EYES TO SPIRIT WORLD

1/3 tsp Mastic

1/3 tsp Amaranth

1/3 tsp yarrow

OSTARA INCENSE

2 Parts Frankincense

1 Part Benzoin

1 Part Dragon's Blood

1/2 Part Nutmeg

1/2 part Violet flowers

(or few drops violet oil)

1/2 Part Orange peel

1/2 Part Rose petals

Burn during Wiccan rituals on Ostara or to Welcome the Spring & to refresh your life.

PELE INCENSE

2 Parts Frankincense

1 part Dragon's Blood

1 Part Red Sandalwood

1 Part Orange peel

1 Part Cinnamon

few drops Clove oil

Burn while honoring Pele, the Hawaiian Goddess of Volcanoes. When needing additional strength for any ritual; when you feel manipulated by others, or for Fire spells in general. Burn when you wish to be fulfilled with the power of Pele.

PISCES INCENSE

2 Parts Frankincense

1 Part Eucalyptus

1 Part Lemon Peel

few drops Sandalwood oil

Use as a personal altar or household incense to increase your powers.

PROPHECY INCENSE (CAUTION)

1 part Heawort seed

1 Part Violet root

1 part parsley

1 part Hempseed*

Burn for divination & psychic work.

PLANETARY INCENSE (CAUTION)

1 Part Myrrh
1 Part Gum mastic
1 Part Costus
1 Part Oponax
1 Part storax
1 Part Thyme
1 Part Frankincense
1 part camphor
1 Part red Sandalwood
1 Part Wood Aloe
1 Part Euphorbium*

For general magickal workings. The baneful substance euphorbium, can be replaced w/tobacco. Gum Arabic can be used in place of the Storax. Gum oponax is unobtainable - use an oponax oil or gum arabic.

PROPHETIC DREAM INCENSE

2 Parts Frankincense
1 Part Buchu

Burn before bedtime to stimulate the psychic mind to produce future-revealing dreams, & to ensure that the conscious mind remembers them in the morning.

PROSPERITY INCENSE

2 parts Frankincense
1 Part Cinnamon
1 Part Nutmeg
1 part Lemon Balm
1 Part Citron

Burn to attract wealth.

PROTECTION INCENSE

2 parts Frankincense
1 Part Dragon's Blood
1/2 part Betony

Burn for both physical & psychic protection while visualizing.

PROTECTION INCENSE 2

2 Parts frankincense
1 Part sandalwood
1/2 Part Rosemary

PROTECTION INCENSE 3

1 Part Frankincense
1 part myrrh
1/2 part Clove

PROTECTION INCENSE 4

2 parts Frankincense

1/2 Part Cumin

PROTECTION INCENSE 5

2 parts Frankincense
1 part Copal
1 Part Dragon's Blood

PROTECTION INCENSE 6

4 parts Frankincense
3 parts Myrrh
2 Parts juniper berries
1 Part Rosemary
1/2 part Avens
1/2 part Mugwort
1/2 part yarrow
1/2 part St. John's Wort
1/2 part Angelica
1/2 Part Basil

PSYCHIC INCENSE

3 Parts Frankincense
1 Part Bistort
Smolder to sharpen psychic powers.

PSYCHIC INCENSE 2

2 Parts Sandalwood
1 Part Gum Acacia (or Arabic)

PSYCHIC INCENSE 3

1 Part frankincense
1 part Sandalwood
1 Part Cinnamon
1 Part Nutmeg
few drops Orange oil
few drops clove oil

PURIFICATION INCENSE (caution)

4 Parts Frankincense
2 Parts Bay
1 part camphor
1 pinch finely pwd salt
1 pinch Sulfur*

Burn to purify the atmosphere of a disturbed home. Leave the windows open & do not inhale the sulphurous fumes!

PURIFICATION INCENSE 2

2 Parts sandalwood

1 Part Cinnamon
Leave windows open

PURIFICATION INCENSE 3

3 Parts frankincense
1 part vervain

RAIN INCENSE (caution)

4 parts Heather
1 Part fern
1/2 part Henbane*

Burn out of doors on a deserted hill to attract rain. do not inhale fumes!

"RAISE THE DEAD" INCENSE

1 part Pepperwort
1 Part Red Storax
1 pinch Saffron
few drops Musk oil

Compound & fumigate about the tombs & graves of the dead. This will cause spirits & ghosts to gatehr, at least according to ancient writings.

RICHES & FAVORS INCENSE

2 Parts Benzoin
1 Part Wood Aloe
1/2 Part Peppermint
1/2 Part Clove

Burn when you need favors & wealth.

SABBAT INCENSE

4 parts frankincense
2 parts Myrrh
2 parts Benzoin
1/2 part Fennel
1/2 part Bay
1/2 part thyme

1/2 part Pennyroyal
1/2 part Solomn's Seal
1/4 part Rue
1/4 part wormwood
1/4 part Camomile
1/4 part Rose petals

Burn at Wiccan Sabbats.

SAGITTARIUS INCENSE

2 Parts Frankincense
1 Part Myrrh

1 Part Clove

Use as a personal altar or household incense to increase your own powers.

SAHUMERIA AZTECA INCENSE

2 Parts Copal

2 Parts Frankincense

1 Part Rosemary

1 Part Sage

1 part Lemongrass

1 part bay

1/2 part marigold

1/2 part Yerba Santa

For ancient Aztec rituals & all Mexican-American folk magic. Also use as a general purification incense. It's a famous incense in contemporary Mexican folk magic.

SATURN INCENSE (Planetary)

2 Parts Frankincense

2 Parts Poppy seed

1 Part Gum Arabic

1 Part Myrrh

1/4 Henbane Seed *

1/4 Part Mandrake *

few drops Olive oil

Burn for Saturn influences; also for spells dealing with buildings, studying past lives, banishing illness, pests & negative habits. This incense can be hazardous to your health; for a recommended Saturnian incense see formula #3 below or substitute 1/2 part Tobacco for the Henbane & Mandrake.

SATURN INCENSE 2(Caution)

2 Parts Cypress

2 Parts Ash Leaves

1 Part Alum

1 Part Gum Scammony

1 Part Asafoetida *

1 Part Sulphur *

1/4 Part Black Nightshade *

Another like the above, but not recommended. By omitting the black nightshade, the incense is fairly innocuous but still smells incredibly foul!

SATURN INCENSE # 3

2 Parts Sandalwood

2 Parts Myrrh

1 Part Dittany of Crete

few drops Cypress Oil

few drops Patchouly Oil

This is the recommended Saturn incense formula. If you're going to use one of the four, use this one.

SATURN INCENSE # 4

1 Part Pepperwort
1 Part Mandrake
1 Part Myrrh
few drops Musk Oil

•SCORPIO INCENSE

2 Parts Frankincense
1 Part Galangal
1 Part Pine resin (pitch)

Use as a personal altar or household incense to increase your powers.

SCRYING INCENSE

1 Part Mugwort
1 part Wormwood

Burn a small amount prior to scrying in a quartz crystal sphere, in flames, water & so on.
Warning - smells bad!

SIGHT INCENSE

2 Parts Gum Mastic
2 Parts Juniper
1 Part Sandalwood
1 Part Cinnamon
1 Part Calamus
few drops Ambergris Oil
few drops Patchouly Oil

Mix, empower & burn to promote psychic awareness. This is another version of the recipe; others contain Hemp.

SPIRIT INCENSE (caution)

4 Parts Coriander
1 Part Smallage
1/4 Part Henbane *
1/4 Part Hemlock *

Burn outdoors to draw spirits together. As usual, do not inhale fumes!

SPIRIT INCENSE # 2 (caution)

Root of the weedy herb Sagepen
Juice of Hemlock *
Juice of Henbane *
Tapsus barbatus
Red Sandalwood
Black Poppy seed

Fume to make spirits & strange shapes appear. To make them flee, add parsley to this mixture, as this chases away all spirits & destroys all visions.

SPIRIT INCENSE # 3

1 Part Anise
1 Part Coriander
1 Part Cardamom
Smolder to cause spirits to gather.

SPIRIT INCENSE # 4

1 Part Sandalwood
1 Part Lavender
Burn on the altar to invite good energies (or spirits) to be present during magical rituals.

SPIRIT INCENSE # 5 2 Parts Sandalwood

1 Part Willow Bark
Burn out of doors at night during the Waxing Moon.

SPIRIT INCENSE # 6

3 Parts Wood Aloe
1 Part Costus
1 Part Crocus
few drops Ambergris Oil
few drops Musk Oil

SPIRIT INCENSE # 7 (caution)

3 Parts Frankincense
2 Parts Coriander
1 Part Fennel Root
1 Part Cassia
1/2 Part Henbane *

These incense (Spirit) are only included for traditional purposes. They are not recommended!

SPIRITS DEPART INCENSE (caution)

1 Part Calamint
1 Part Peony
1 Part Mint (Spearmint)
1/4 part Castor Beans *

Burn out of doors to drive away all evil spirits & vain imaginings. Castor beans are poisonous!

SPIRITS DEPART INCENSE # 2

2 Parts Fennel seed
2 Parts Dill seed
1/2 Part Rue
another like the above.

SPIRIT PORTAL INCENSE

1/2 tsp Cinnamon

1/2 tsp Lavender
pinch of wormwood

SPRING SABBAT INCENSE

3 parts Frankincense
2 Parts Sandalwood
1 Part Benzoin
1 Part Cinnamon
few drops Patchouly oil
Burn during Spring & Summer Sabbat rituals.

STUDY INCENSE

2 Parts Gum Mastic
1 Part Rosemary
Smolder to strengthen the conscious mind for study, to develop concentration & to improve the memory.

SUCCESS INCENSE

3 Parts Wood Aloe
2 Parts Red Storax
1 Part Nutmeg
Burn for success in all undertakings. Since red storax is unavailable, substitute Frankincense or Gum Arabic.

SUN INCENSE

3 Parts Frankincense
2 Parts Myrrh
1 Part Wood Aloe
1/2 part Balm of Gilead
1/2 Part Bay
1/2 Part Carnation
few drops Ambergris Oil
few drops Musk Oil
few drops Olive Oil
Burn to draw the influences of the Sun & for spells involving promotions, friendships, healing, energy & magickal power.

SUN INCENSE 2

3 Parts Frankincense
2 Parts Sandalwood
1 Part Bay
1 pinch Saffron
few drops Orange Oil
Another like the above.

SUN INCENSE 3

3 Parts Frankincense

2 Parts Galangal
2 Parts Bay
1/4 Part Mistletoe *
few drops Red Wine
few drops Honey
A third like the above.

TALISMAN CONSECRATION (caution)

Alum
Gum Scanony
Asa foetida *
Sul phur *
Cypress
Black Hellebore *
Ash leaves

Burn in an earthen dish & hold the talismans in the smoke. Not recommended.

TALISMAN CONSECRATION 2(non-toxic)

2 Parts Frankincense
1 Part Cypress
1 part Ash Leaves
1 Part Tobacco
1 pinch Valerian
1 pinch Alum
1 pinch Asafoetida *
Recommended - but smells!

TAURUS INCENSE

2 parts Sandalwood
2 Parts Benzoin
few drops Rose Oil
Use as a personal altar or household incense to increase your powers.

TEMPLE INCENSE

3 Parts Frankincense
2 Parts Myrrh
few drops Lavender Oil
few drops Sandalwood Oil
Smolder in the temple or "magic room", or as a general magickal incense. Also increases spirituality.

THIEF INCENSE (to see a thief)

1 Part Crocus
1 pinch Alum
In ancient Egypt this mixture was placed on a brazier & the seer stared into the coals.

THOUSAND-NAMED SOLAR INCENSE

3 Parts Frankincense
1 Part Clove
1/2 Part Red Sandalwood
1/2 Part Sandalwood
1/4 Part Orange Flowers
3 pinches Orris
Burn for Solar influences.

TRUE LOVE INCENSE

1 Part Cinnamon
1 Part Orris
few drops Patchouly oil
Burn for love.

UNIVERSAL INCENSE

3 Parts Frankincense
2 Parts Benzoin
1 Part Myrrh
1 Part Sandalwood
1 Part Rosemary
Burn for all positive magickal purposes. If used for negative magickal goals, it will cancel out the spell or ritual.

VENUS INCENSE (Planetary)

3 Parts Wood Aloe
1 Part Red rose petals
1 pinch crushed Red Coral (opt.)
few drops Olive Oil
few drops Musk Oil
Few drops Ambergris Oil
Mix well & burn for Venusian influences, such as love, healing, partnerships & rituals involving women. Coral should be omitted.

VENUS INCENSE 2

1 part Violets
1 Part Rose petals
1/2 Part Olive leaves
another like the above.

VENUS INCENSE 3

2 Parts Sandalwood
2 Parts Benzoin
1 Part Rosebuds
few drops Patchouly Oil
few drops Rose oil
A third like the above.

VIRGO INCENSE

1 Part Mace

1 Part Cypress

few drops Patchouly Oil

Use as a personal altar or household incense to increase your powers.

VISION INCENSE

3 parts Cinquefoil

3 Parts Chicory Root

1 Part Clove

•VISION INCENSE 2

3 Parts Frankincense

1 Part Bay

1/2 part Damania

Burn small amounts prior to psychic workings.

VISION INCENSE 3 (caution)

1 Part Calamus

1 Part fennel Root

1 Part Pomegranate skin

1 Part Red Sandalwood

1 Part Black Poppy seed

1/2 Part Henbane *

Another like the above but not recommended.

WATER INCENSE (elemental)

2 Parts Benzoin

1 part Myrrh

1 Part Sandalwood

few drops Lotus bouquet

few drops Ambergris oil

Burn to attract the influences of this element, as well as to develop psychism, to promote love, fertility, beauty and so on.

WEALTH INCENSE

1 part Nutmeg

1 Part Pepperwort

1 pinch Saffron

Burn to attract Wealth.

WEALTH INCENSE 2

2 parts Pine needles or resin

1 Part Cinnamon

1 Part Galangal

few drops Patchouly Oil

another like the above.

WEALTH INCENSE 3

2 Parts Frankincense
1 Part Cinnamon
1 Part Nutmeg
1/2 part Clove
1/2 Part Ginger
1/2 part mace
a third like the above.

WITCHES' SIGHT INCENSE

Gum mastic
Juniper
Patchouli
Sandalwood
Cinnamon
few drops Musk oil
few drops Ambergris oil
For Tarot readings, crystal ball readings, meditating.

YULE INCENSE

2 Parts Frankincense
2 Parts Pine needles or resin
1 Part Cedar
1 Part Juniper Berries
Mix & smolder at Wiccan rites on Yule or during the winter months.

BLANK BOOKS OF SHADOWS

These wonderfully crafted Books of Shadows & Grimoires will make a great addition to any Altar

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